

Name of Child: _____ Date: _____

How to Care for Your Inhaler

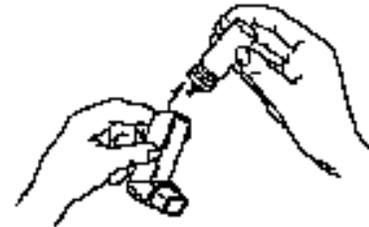
When you are not using your inhaler:

- Keep the cover on your inhaler to keep out dust and lint. If you lose the cover, keep your inhaler in a clean plastic bag. Dust on your inhaler could get into your lungs.
- Keep your inhaler in a dry, cool place. Do not leave your inhaler in the car. The inhaler can explode if it reaches a high temperature.

Clean every inhaler regularly.

Once each day, rinse your inhaler:

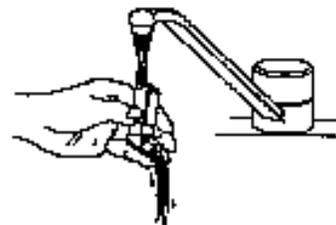
1. Take the canister out of the inhaler.
2. Rinse the inhaler and the cap in warm water.
3. Let the inhaler and cap air-dry.
4. When they are dry, put the canister back in the inhaler and put on the cap.
5. Let the inhaler dry before you use it.
Have another inhaler to use while it is drying.



Take the canister out of the inhaler.

Once each week, wash your inhaler:

1. Take the canister out of the inhaler.
2. Rinse the inhaler and the cap in dishwashing liquid soap and warm water.
3. Rinse the inhaler and the cap in warm water.
4. Let the inhaler and cap air-dry.
5. When dry, put the canister back in the inhaler and put on the cap.
6. Let the inhaler dry before you use it. Have another inhaler to use while it is drying.



Wash your inhaler every week.

Which day of the week will you wash your inhaler? Check one.

- Monday Tuesday Wednesday Thursday
 Friday Saturday Sunday

Now that you've read this:

- Show your nurse or doctor how you would rinse your inhaler. (Check when done)
 Show your nurse or doctor how you would wash your inhaler. (Check when done)



- If you have any questions or concerns,
 call your child's doctor or call _____

If you want to know more about child health and illness,
visit our library at The Emily Center at Phoenix Children's Hospital
1919 East Thomas Road
Phoenix, AZ 85016
602-933-1400
866-933-6459
www.phoenixchildrens.org
www.theemilycenter.org
Facebook: [facebook.com/theemilycenter](https://www.facebook.com/theemilycenter)
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Disclaimer

The information provided at this site is intended to be general information, and is provided for educational purposes only. It is not intended to take the place of examination, treatment, or consultation with a physician. Phoenix Children's Hospital urges you to contact your physician with any questions you may have about a medical condition.

#103 • Written by Carolyn Geier, RPh • Illustrated by Dennis Swain
This handout is also available in Spanish as #265/103s.